



COVID-19 ADVISORY NO. 1

Saturday, 7 November 2020

THE COVID-19 VIRUS

The COVID-19 is a highly infectious disease.

It is spread by airborne droplets or by contact of our hands or fingers with contaminated surfaces or articles after which without realising it we may touch our eyes, nose, or mouths which are routes of entry of the virus to cause an infection.

So, to avoid catching the infection please wear a mask when you go out, keep a safe distance from other people, wash your hands often and avoid touching your eyes, nose and mouth with your hands.

When playing golf if there is a crowd at the tee box or the Green, it is advisable to put on your mask for everyone's safety.

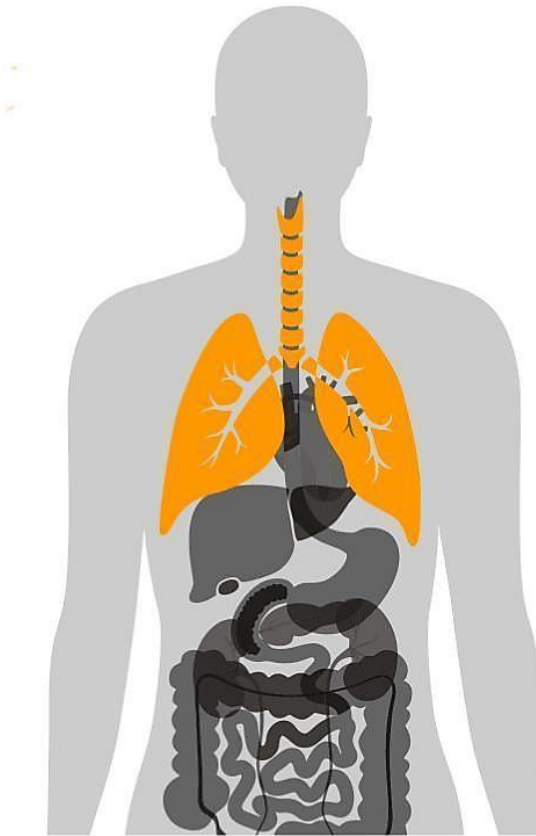
About 80% of the cases are mild and may even be without any symptoms. After about 14 days you will recover without even knowing that you have had it. The remaining 20% may suffer more serious problems requiring treatment, the worst of which may need intensive care and ventilation support. With more knowledge and experience now even all these severe conditions can be treated and the mortality rate is very low.

So, it is important that you know what symptoms to look out for and seek immediate medical attention, testing and treatment if necessary. The picture below describes all the common symptoms of the infection.

CORONAVIRUS PANDEMIC

COVID-19

COVID-19 is an infectious disease caused by SARS-CoV-2, a new type of coronavirus detected in China in late 2019.



Data shows the disease is mild in 80 percent of patients, severe in 13 percent, and critical in 6 percent.

Most common symptoms:



Fever



Fatigue



Dry cough

Some patients may also have:



Aches and pains



Runny nose



Sore throat



Shortness of breath



Diarrhoea

In critical cases, COVID-19 can cause severe pneumonia or a multiple-organ failure and can lead to death.



Source: World Health Organization | Last updated: March 12, 2020

@AJLabs



ALJAZEERA

(In Consultation with Dr. Mohd Fadzil Man - M0914-0)

The Management

THE ROYAL SELANGOR GOLF CLUB (351-D)

Jalan Kelab Golf, Off Jalan Tun Razak, 55000 Kuala Lumpur, Malaysia

Tel: +603-9206 3333 (GL) | Fax: +603-9285 3939 | Email: info@rsgc.com.my |

Website: www.rsgc.com.my